



# lunch

## ■ starters

Avocado Fries, Ranch, Chipotle Salsa, Lime, Salt – 8  
Burrata Plate, Peas, Pea Romesco, Mint, Rustic Bread – 8  
Daily Market Soup – 5/9

## ■ toasts

Avocado, Pickled Onion, Cilantro, Seed Bread – 8  
Cashew Butter, Banana, Honey, Flax Seed, Rustic Toast – 7  
Lox, Cucumber, Dill, Roe, Cream Cheese, Pumpernickel - 9  
Griddled Asparagus, Herbed Cheese, Fried Egg, Rustic Toast - 10

## ■ all day

Oatmeal, Bananas, Strawberries, Pecans – 7.5  
Greek Yogurt, Matcha, Röckenwagner Granola, Banana, Berries – 7.5  
Bircher Muesli, Apples, Walnuts, Berries, Whipped Cream – 8  
Cold Quinoa Porridge, Banana, Blueberry, Chia, Almond Milk – 8

## mains ■

*add Fries, Salad, Fruit or Chips to any Sandwich for \$2*

Omelets of the Day– 13.5  
Potatoes and Toast

Tuscan Kale Chop – 14  
Parmesan, Apples, Almonds, Chickpeas, Dried Cranberries, Salami Rossa, Lemon Dressing

Mediterranean Salad – 14  
Hummus, Tabouli, Babaganoush, Olive Fattoush Salad, Chickpea Fritters

Quinoa Bowl – 14  
Spinach, Charred Snap Peas, Cherry Tomato, Avocado, Poached Eggs, Sesame, Lemon Harissa

Tuna Salad Sandwich – 13  
Sprouts, Celery, Pickled Onion, Cucumber, Olive Tapenade, Soft Herbs, Honey Wheat Toast

Spicy Roasted Beef Hoagie – 13  
Poblano Piperade, Provolone Cheese, Avocado, Chipotle Aioli, Soft Roll

Buttermilk Fried Chicken Sandwich – 12  
Ranch Slaw, Sriracha Maple Butter, Basil Aioli, Sesame Brioche Bun

Fried Green Tomato Sandwich – 11  
Fresh Basil, Burrata Cheese, Arrabiata Sauce, Balsamic, Ciabatta

Roasted Turkey Sandwich – 12  
Tomato, Red Onion, Shredded Lettuce, Roasted Pepper Aioli, Parker House Bun

Bratwurst Plate – 11  
House-made Sauerkraut, Sweet Mustard, Green Tomato Relish, Pretzel Roll

Pretzel Burger – 13  
Fontina Cheese, Caramelized Onion, Special Sauce, Onion, Lettuce, Tomato, Pretzel Bun